the Break Out Report

Volume # 4, Issue # 2

Sectors

Gold Still Strong!

December gold futures touched an intra-day high of \$489.50 on Friday, the highest level in 18 years and the highest for the year-to-date. The price closed at \$486.20, up 10.90% for the year-to-date compared to the NASDAQ, up 2.37% and the Dow, down 0.15%.

The Philadelphia Silver and Gold Index, better known as the XAU, is up 15.85% for the year-to-date, running neck and neck with the TSX which is up 15.96% and our Model Portfolio which is up 16.62%.

While some naysayers have been poohpoohing gold's rise and saw the October correction as the end of the line for the yellow metal, there are solid reasons for gold's continuing rise into next year and perhaps beyond. Here are ten reasons why the price of gold should continue to rise:

- Inflation fears. Consumer prices rose 4.3% in October according to the US Labor Department.
- Central banks are interested in diversifying away from US dollars in their reserves. In particular, central banks in Asia have an average of less than 4% of reserves in gold compared to 10% worldwide. These Asian central banks, including Japan and China, have huge US dollar reserves and even a small shift to gold will have a huge impact on the gold price.

November 20, 2005

An Old Friend

Hulbert Financial Digest

In the late 90s I subscribed for a while to the Hulbert Financial Digest, one of the more intriguing investment newsletters available. Intriguing because it does not analyze investments. Rather it compares investment newsletters. Currently there are 180 newsletters it monitors and compares.

I decided to subscribe again recently, five years after my previous subscription lapsed, for several reasons. One, of course, was to see how the Break Out Report stacks up against the competition. I'm pleased to say that we stack up pretty darn good. The year-to-date return on my Model Portfolio to June 30th (14.41%) surpassed all but two of the portfolios monitored by Hulbert.

Here are some of the other returns – Aden Forecast: 5.6%, Bernie Schaffer's Option Advisor: -7.9%, Cabot Market Letter: -7.0%, Change Wave Investing: -8.9%, Dines Letter: -4.8% average and +10.8% for his Good Grade Portfolio, Forbes Growth Investor: -8.3%, Fred Hager.com: -60.9% (ouch!), Linde Equity Report: 3.7% (Linde advertises heavily in the Vancouver market), Louis Navallier's Emerging Growth: 7.7%, Mark Skousen's Forecasts & Startegies: -0.5%, OTC Insight: 11.5%, Oxford Club: 3.1%, Successful Investor: 7.8%.

The two beating my Model Portfolio were the Turnaround Letter Small Cap with 20.7% and Outstanding Investments with 15.8%.

(continued on page 2)

More on Hulbert in my next issue.

In This Issue: Don Cherry Says It's Good for You! (See Page 3)

Gold Still Strong! (from page 2)

- Supply is falling. Despite a rising gold price and renewed exploration interest, gold production dropped 5% in 2004.
- 4. Demand is rising. Jewelry demand in 2004 was up 5%.
- 5. Wall Street still pooh poohs gold. This means that the vast majority of investors have not discovered gold yet. Once headlines like the one in Thursday's Financial Post (Gold Hits 17-year



Year High) start attracting the attention of investors, there could be a strong sustained upwards pressure on gold and gold stocks, maybe even leading to a bubble like we had with gold in 1980 and Internet stocks in the late 90s.

- 6. The US dollar is weak and will get weaker. Although it is currently rallying, the fundamentals for the US dollar are not good. The US deficit is at record levels. Even Greenspan warned of the necessity of the US getting its financial house in order in his parting remarks. The war in Iraq (yeah, some call it...ahem...a peace!) is sucking dollars out of the economy and exacerbating the situation and it does not look like it will end soon.
- 7. Helicopter Ben is the new Fed head. One of Ben Bernanke's more infamous quotations is that he would not hesitate to shovel dollars out of helicopters to avert deflation. Dollars churned out by the printing presses, of course. The US debt is at record levels and with Bernanke replacing Greenspan, we can count on him shoveling more dollars and the US national debt rising.
- 8. Gold is rising against all currencies, not just the US dollar. This makes gold attractive as an alternative to cash for private individuals everywhere in the world, adding to demand .
- 9. No upside resistance. With gold hitting levels not seen in 18 years, there is little resistance on the upside.
- 10. Interest rates are rising. The decade of the fastest rise in gold prices (the 70s) was also the decade of the fastest growth in interest rates. Increasing interest rates are bad for profits and the stock market making alternatives such as gold more viable.

The Break Out Report							
is published twice a month by Break Out Publishing.							
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Articles this issue by Marco den C	Articles this issue by Marco den Ouden unless otherwise indicated. Subscription: US \$14.95 a month						

TSX Venture Pick

CV Technologies (CVQ-V) \$4.59 website: www.cvtechnologies.com

You may have seen the best dressed man in hockey, Don Cherry, raving about a new product designed to reduce the incidence of colds – COLD-fx®. In October it became the official cold remedy for the Montreal Canadians. It is the lead product of CV Technologies, a Vancouver based company that has been working since 1992 at developing proprietary natural health products. CVT's CEO Dr. Jacqueline Shan was named Ernst & Young Entrepreneur of the Year for 2005 in Health Sciences.

In late October, a double-blind, placebo controlled study on COLD-fx® was published by The Canadian Medical Association Journal. The study found that COLD-fx® reduced the incidence of upper respiratory infections by 25% and reduced the recurrence of infections by 56%. The study found that COLD-fx® not only helped in prevention of colds, it also worked for the relief of symptoms if a cold did appear. These results will add to COLD-fx®'s increasing popularity. In fact, since April, COLD-fx® has been the #1 best selling cold remedy in Canada.

The last quarter saw revenues double compared the year before. The company suffered a small loss for the quarter but is profitable for the fiscal year to date.

Year	2002	2003	Change	2004	Change	Quarter	2004	2005	Change
Rev.	\$1,181	\$1,692	+43.27%	\$6,457	+281.62%	Q Rev.	\$1,227	\$2,836	+131.13%
EPS	-\$0.02	-\$0.03	n/a	\$0.00	turnaround	Q EPS	-\$0.0007	-\$0.0048	loss
Relativ	ve Strenç	gth	92.83	P/E Rat	io	76.50	P/S Ratio		14.02



The success of COLD-fx® has seen the stock price triple in the last year but it is still under \$5. The stock is starting to take off again after a brief correction in October and looks poised for further gains in the year ahead. This will be helped along by the company's breakthrough into profitability in the last year. The news on this company has been consistently positive.

TSX Venture Pick

Zapata Energy Corporation (ZCO-V) - \$13.00 website: www.zapata.ca

Founded in 1999, Zapata Energy Corporation is a junior oil and gas exploration and production company with operations in central and southern Alberta. The company's strategy is to achieve a balance between acquisitions and strategic drilling with a focus on developing long-life reservoirs and internal growth. Production is currently split with 52% in natural gas and 43% in oil and the remaining 5% in natural gas liquids. Company insiders own 42% of the stock.

Proved plus probable reserves have grown every year since the company started and stood at 11.7 million boe at the end of 2004. 2004 also saw 39 wells drilled with an 82% success rate. 18 producing gas wells were drilled and 14 producing oil wells. Sales volume in the first half of 2005 increased 27% to 3101 boe/day compared to 2442 boe/day in 2004. Coupled with increased energy prices, revenues and earnings were up sharply. The second half of 2005 is slated for 36 new drilling operations and expected success on 30 of them.

Despite the success of the company, the share price has dropped from \$15 to \$13 in the last year. The P/E is low for an energy stock today at 11.50. The company is buying back shares. This is a superb value play.

Year	2003	2004	Change	2005	Change	Quarter	2004	2005	Change
Rev.	\$8,392	\$21,601	+157.40%	\$35,137	+62.66%	Q Rev.	\$8,954	\$14,099	+87.79%
EPS	\$0.13	\$0.60	+361.54%	\$0.91	51.67%	Q EPS	\$0.09	\$0.23	turnaround
Relati	ive Stren	gth	48.22	P/E Ratio)	11.50	P/S Rat	io	2.59

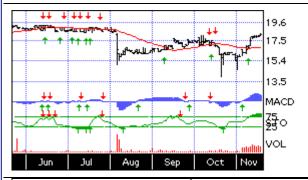


The chart shows Zapata has dropped in the last year with some wild fluctuations along the way. The five year chart, however, shows the stock up almost ten-fold and the current malaise as a blip on the radar. We think prospects for further growth are strong and a move to the TSX Exchange a strong possibility in the next year.

Watched List Update

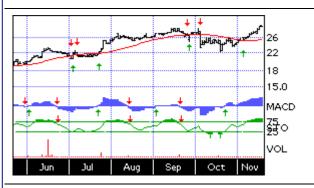
Back on track!!!

These stocks had come off the track recently but are now poised to advance again. All hit stoplosses in October but are now rated buy again. Visit the Members Area of the website, click on Our Model Portfolio and then on Trading Rules for a detailed explanation of the factors affecting how I rate a stock on our Watched List.



Killam Prop. (KMP)	Profiled: 01/18/04
Price then: \$2.36	Price Now: \$2.89

This Maritime property manager is up ⇒ 22.46% since we featured it on January 18, 2004. Initially it dropped as low as \$1.80 in June 2004 but has been a solid performer since then. After dropping in October, Killam is now coming on strongly. Once again it is rated a buy.

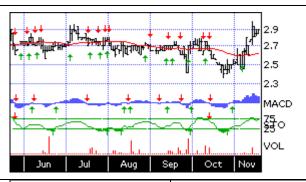


Transforce (TIF.UN)	Profiled: 01/18/02
Price then: \$3.11	Price Now: \$15.75

This company just keeps on trucking. Of course, it's a trucking company! Its fleet includes the Canpar Parcel Delivery operation. Up 406.43% since featured, it took a mighty tumble in September and October and is now rebounding nicely. Once again a buy.

Big (BR.U	Rock N)	Brewery	Profiled: 10/15/04
Price then: \$16.05		Now: \$18.10	

← In just a year on our Watched List, Big Rock Brewery is up 12.77%, not counting distributions. It tumbled in August and is now rated buy again after forming a rather sloppy cup and handle formation. Return from distributions is 7.3% at current prices.



Pason Systems (PSI)	Profiled: 05/16/04	
Price then: \$15.00	Price Now: \$29.26	

⇐ This company was featured in both of my 50 Best Science & Technology books and makes computerized monitoring equipment for oil wells. It's up 95.07% since profiled in the Break Out Report in May last year. It also tumbled in October and is now surging again. This week newly rated a buy again.



Oil Services Industry Pick

Ensign Energy Services (ESI – TSX) (website: www.ensigngroup.com)

Ensign Energy Services is the second largest land-based drilling contractor and third largest well servicing contractor in Canada. The company's drilling operations include Ensign Drilling, Tri-City Drilling, Champion Drilling, Big Sky Drilling and Encore Coring and Drilling. In well servicing it operates Rockwell Servicing Partnership. It also operates Enhanced Drill Systems, Chandel Equipment Rentals and Cheechako Camps and Catering.

Another division is Opsco Energy Industries which provides manufacturing and production services to the oil and gas industry. Besides well testing and optimization services, Opsco also manufactures custom oil and natural gas production equipment.

Although operating primarily in Canada, Ensign also has two US subsidiaries – Caza Drilling Inc. and Caza Drilling (California) Inc. Caza Drilling is the second largest operator in the Rocky Mountain region of the USA.

Internationally, Ensign operates rigs in Australia, New Zealand, Southeast Asia, the Middle East, South America and Africa.

The boom in the oil industry has led to a boom in companies like Ensign which provide equipment and services to the industry. In some respects, these companies are safer bets than the oil and gas companies themselves. They suffer less from the



An Ensign Well Servicing Truck

price volatility of oil. While a drop in the price of oil has a direct effect on the bottom line of an oil company, it doesn't have any effect on the bottom line of a company like Ensign until the price drop becomes severe enough to start the oil companies cutting back on new exploration and drilling. The price of oil would have to drop well below \$50 a barrel to start having such an effect.

The most recent quarter to September 30th saw revenues up 69.44% compared to the same quarter the year before. The nine months to Sept. 30th saw revenues up 38.98%. Earnings were up 65.22% for the quarter and 33.02% for the nine months.

The company is on track for another record fiscal year and if oil prices hold above \$50, Ensign should continue to prosper.

Quarterly Earnings per Share

To Sept. 30th	2004	2005	% Change
EPS	\$0.23	\$0.38	+65.22%
Revenues (000s)	\$220,058	\$372,866	+69.44%

Annual Earnings per Share

To Dec. 31st	2002	2003	% Change	2004	% Change
EPS	\$0.70	\$1.32	+88.57%	\$1.58	+19.70%
Revenues (000s)	\$651,768	\$928,960	+42.53%	\$1,059,494	+14.05%

(continued on page 7)



Chart Analysis: Ensign, like many companies, underwent a sharp correction in October, but is now poised for further advances. The chart generated three green arrows over the last few weeks with a strong volume spike in November. Looking at a five year chart shows the company has more than tripled in the last four years.

Stats as of 11/18/05	Phase 2 Analysis
 Hi/Lo Ratio: 1.88 	Price Pattern: A
• RS: 92.02	Volatility: A-
 Shares: 75,644,377 	Estimates: B+
▪ P/E: 20.64	Snapshot: A
 Price: \$40.24 	 News: A

Phase 2: We give Ensign an A for price pattern and an A- for volatility as growth seems solid but there was that October correction. Estimates are up strongly with a 2.0 or Buy rating so we give it a B+. The snapshot is excellent with strong return on equity and we give it an A. News has been solid with record sales and earnings, an acquisition and the unveiling of a new technologically advanced and patented drilling rig. We give it an A as well.

All charts courtesy of Investools. Visit their website at http://me.investortoolbox.com for more information on their courses and online tools.

Technology Sector Pick

March Networks (MN – TSX, MNW - London) (website: www.marchnetworks.com)

You might call March Networks the ubiquitous eye. They are a leading supplier of high tech video surveillance systems worldwide to banks, ATMs, schools, casinos, ski resorts, corporations, hotels, police departments, retailers, railroads, transit systems and armored car services. Clients include the San Francisco Municipal Railway, the Bank of Latvia, the Omaha Police Department, Mont Tremblant Ski Resort, the Colorado Department of Transportation, Cadillac Fairview, the University of Montana, and a dozen financial institutions including Scotiabank, Wachovia Brokerage, Banco de Chile and Mexico's Banorte.

The company supplies ultra-modern digital and analogue networked video recorders that includes MPEG4 compressed video over IP (Internet Protocol) networks. They also offer 24/7 managed network services, and video infrastructure diagnostic testing.

March Healthcare, an innovative subsidiary of March Networks, is developing next generation eHealth applications to enable remote health monitoring. Products include nursing stations as well as portable diagnostic kits to enable patients to be at home and still maintain vital contact with health professionals.

Using wireless Bluetooth technology, a patient at home can hook himself up to the equipment and confer with medical professionals remotely. The kit monitors pulse, blood pressure, blood oxygen saturation, and heart and lung sounds.

headed by an impressive Portable F

March Networks is headed by an impressive **Portable Health Monitoring Kit** management team that includes Chairman Sir Terry Matthews, former CEO and founder of Newbridge Networks and co-founder of Mitel Corporation, and President and CEO Peter Strom, formerly with Gyyr Inc. as well as Sensormatic, Honeywell and Mosler. Earlier this year, Strom was recognized as the "Next Generation Executive of the Year" by the Ottawa Centre for Research and Innovation.

With security enjoying renewed importance since 9/11, March Networks is in a position to continue its solid growth in the years ahead. The company IPOed in April 2005 and the stock is already up 73%.

To Oct. 31st	2004	2005	% Change
EPS	\$0.081	\$0.27	+233.33%
Revenues (000s)	\$11,100	\$19,800	+78.38%

Quarterly Earnings per Share (estimated)

Annual	Earni	ngs per	Share
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To April 30th	2003 (Dec. 30 th)	2004	% Change	2005	% Change
EPS	-\$1.49	-\$0.40	n/a	+\$0.53	turnaround
Revenues (000s)	\$9,621	\$11,858	+23.25%	\$42,728	+260.33%

(Continued on page 9)

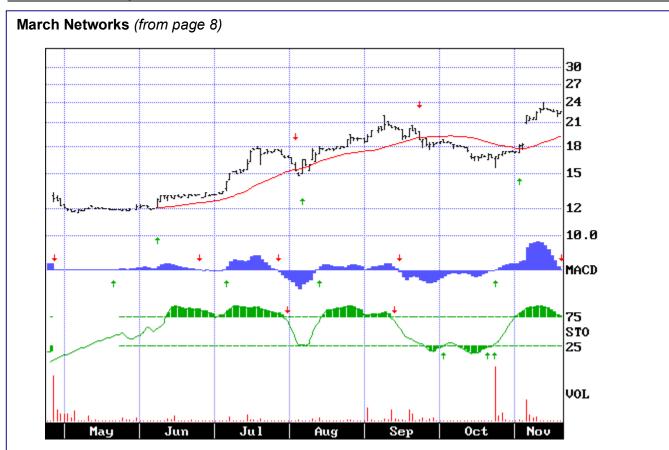


Chart Analysis: March Networks only IPOed at \$13.00 in April and has already soared 73%. Like most stocks, March Networks also took a breather in October but gapped up strongly in early November on good volume and is poised for further advances.

Stats as of 11/18/05	Phase 2 Analysis
 Hi/Lo Ratio: 2.06 	Price Pattern: A
• RS: 93.58	 Volatility: A-
 Shares: 15,804,300 	Estimates: B+
• P/E: 30.41	Snapshot: B+
Price: \$22.50	News: A

Phase 2: We give March Networks an A for price pattern and an A- for volatility as the trend is clearly up though it has been in waves. Estimates are up with a 2.0 or Buy rating. We give it a B+. The snapshot shows a steady increase in revenues with a huge surge in 2005 and earnings year over year showed narrowing losses with a turnaround into profitability in 2005. Return on equity is a solid 17.91. We give it a B+. News is excellent with an eighth consecutive quarter of double digit growth, new product launch, president named Ottawa CEO of the Year and a strong customer satisfaction rating. We give it an A.

All charts courtesy of Investools. Visit their website at http://me.investortoolbox.com for more information on their courses and online tools.

Mutual Funds

Marco's Power Performers (for October 2005)

Definitions

Power Performers – Mutual Funds returning better than 20% in each of the one year, three year and five year time periods. **Super Power Performers** – funds returning better than 25% in the three relevant time periods.

Performers – funds returning better than 15% in each of the time periods.

October saw the number of Super Power Performers drop from 20 to 13 as the effects of the September -October correction filtered into fund performance numbers.

The number of Power Performers gained modestly from 20 to 21.

Fund name	1 yr	3 yr	5 yr
Resolute Growth	98.48	50.82	41.01
Mackenzie Universal Cdn. Resource (US\$)	29.73	45.05	34.17
Front Street Special Opportunities Canadian	48.35	58.87	32.73
Dominion Equity Resource	46.96	37.81	31.70
Front Street Small Cap Canadian	41.19	43.59	28.39
CI Global Energy Corp Class (US\$)	64.17	51.45	28.14
CIBC Energy	58.39	44.80	27.67
Mackenzie Universal Canadian Resource	25.42	32.16	27.43
Norrep Fund	38.12	34.22	27.10
Friedberg Diversified (US\$)	140.93	26.31	26.48
Dynamic FocusPlus Resource	28.00	27.95	26.20
RBC Energy	53.02	36.49	26.11
Sentry Canadian Energy Growth	43.97	32.73	25.19

Super Power Performers

And the number of Performers clocked in at 39, a large drop from the 56 in September. All told, we had 73 funds making the grade, down from 96 in September.

Power Performers								
1 yr	3 yr	5 yr	Fund name	1 yr	3 yr	5 yr		
21.05	29.64	27.40	GWL Cdn. Resources (A) NL	33.93	32.30	22.42		
24.34	31.00	26.35	CI Global Energy Corporate Class	59.15	38.12	21.78		
50.75	35.80	24.63	Mackenzie Universal World Resource Cap Class	25.29	27.57	21.49		
37.18	33.32	24.17	Mackenzie Cundill Recovery 'C'(US\$)	23.81	37.91	21.28		
28.59	39.67	23.88	Bissett Microcap-F	32.54	20.92	21.24		
31.42	25.70	23.31	TD Resource	29.46	26.30	20.78		
21.82	26.42	23.24	Clarica SF Class Signature Canadian Resource A	34.18	28.96	20.56		
36.78	34.53	23.20	Clarica SF Class Signature Canadian Resource	34.17	28.96	20.51		
35.67	30.93	22.84	GGOF Monthly High Income Classic	20.13	21.61	20.18		
34.22	32.58	22.69	Altamira Resource	31.58	35.15	20.00		
AGF Global Resources Class (US\$)31.2140.6322.64Copyright © 2005 Break Out Publishing								
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(continued on page 11)

Marco's Power Performers	(from page 10)
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Below are this month's Performers.

Performers							
Sprott Canadian Equity	17.01	25.64	26.94	Middlefield Growth	31.68	25.34	16.70
Ethical Special Equity	19.57	23.46	23.47	7 R Canadian Smaller Companies 18.44 22.39 1		16.67	
Trimark Canadian Resources	17.97	25.68	23.34	AGF Global Resources Class	26.94	28.18	16.52
Clarington Canadian Small Cap	19.89	22.60	23.21	Elliott & Page Growth Opportunities	17.75	21.77	16.48
Mawer New Canada	16.46	22.92	23.04	Talvest Millennium High Income	18.61	15.32	16.47
GGOF Monthly High Inc. Mutual	19.96	21.05	19.56	Goodwood Fund-A	39.26	20.58	15.93
ABC American-Value	15.57	22.53	19.17	Hillsdale Canadian Performance Equity A	19.27	26.37	15.93
Sceptre Equity Growth - A	24.80	32.36	19.14	Acuity Pooled Conservative Asset Allocation	22.31	24.43	15.65
Renaissance Cdn. Income Trust	19.15	18.88	19.02	IA Group Dividends	22.31	21.78	15.64
Maritime Life Canadian Growth-R	20.55	28.61	18.48	CI Harbour Corporate Class (US\$)		25.03	15.53
United-Canadian Equity Value Pool	26.58	22.22	18.44	AGF Global Real Estate Equity (US\$)	16.32	23.32	15.52
Desjardins Financial Pool Bissett SmallCap	35.27	25.01	18.34	CI Signature High Income 15.82 17.23		15.48	
CIBC Canadian Resource	45.42	29.81	18.29	Mackenzie Cundill Value 'C' (US\$)	20.17	28.03	15.45
Montrusco Bolton Canadian Small Cap 'B'	31.08	26.64	18.05	Fidelity Latin America-B (US\$)	62.35	48.02	15.26
Acuity Pooled High Income	18.57	22.06	17.85	Assumption/MB Canadian Small Cap	27.95	23.54	15.25
Vertex Fund - A	23.83	29.04	17.42	Fidelity Latin America-A (US\$)	62.10	47.94	15.22
National Bank Natural Resources	27.24	24.22	17.35	15Investors Canadian Natural Resource-C38.1024.761		15.21	
TD Latin American Growth (US\$)	61.54	48.27	17.27	Mackenzie Cundill Recovery 'C'	19.69	25.65	15.18
Chou RRSP	19.37	15.74	17.17	Acuity High Income	16.32	19.60	15.12
Bissett Small Cap-F	ap-F 33.72 23.32 16.72 Copyright © 2005 Break Out Publishing						

The Venture Portfolio as of Nov. 18, 2005

Stock	Symbol	Date Bought	# of Shares	Price Then	Price Now	Amount Invested	Current Value	Change
Asian Television Network	SAT	Aug. 22, 2005	3000	\$0.33	\$0.65	\$1017.00	\$1950.00	+91.7%
Twoco Petroleums Ltd.	TWO	Aug. 22, 2005	185	\$5.35	\$7.00	\$1016.75	\$1295.00	+27.4%
Andean American Mining	AAG	Sept. 19, 2005	725	\$1.32	\$1.33	\$1020.25	\$964.25	-5.5%
Anterra Corporation	ATR	Sept. 19, 2005	1800	\$0.58	\$0.38	\$1071.00	\$675.00	-37.0%
Commercial Solutions	CSA	Oct. 14, 2005	270	\$3.90	\$4.50	\$1080.00	\$1215.00	+12.5%
Totals						\$5205.00	\$6099.25	+17.2%

Our Model Portfolio Initial Position: \$50,000 (Jan. 11, 2002) Current Position: \$142,696.84 (Up 185.39%) Up 16.62% YTD

We were beaten down in October but have made considerable recovery since then. But there has been some turnover in stocks in getting there. We were helped along as well by a strong showing from GSW Inc. in the last week. Our position has moved from \$137,306.78 to \$142,696.84, a gain of 3.9% for the month. We're still well below our peak but could close the year at new highs if the year ends with a bang. Our cash position is just \$13.39.

Aur Resource	es (AUR – TSX)	Fortis Inc. (FTS – TSX)					
# of Shares: 1450	Bought: Oct. 17/05	# of Shares: 535	Bought: Oct. 24/05				
Price Then: \$8.57	Price Now: \$10.05	Price Then: \$23.80	Price Now: \$24.87				
Gain: +17.27%	Stop: \$8.82	Gain: +4.50%	Stop: \$20.20				
Notes: Aur Resource	ces is a major copper	Notes: Newfoundland	based electric company				
	Canada and Chile and		led into other regions of				
promising properties in	Peru and Mexico.	Canada including Britis	Canada including British Columbia.				
Goldcorp) (G – TSX)	GSW Inc. (GSW.B – TSX)					
# of Shares: 500	Bought: Aug. 15 & 22	# of Shares: 275	Bought: May 17/04				
Price Then: \$21.67	Price Now: \$24.03	Price Then: \$34.73	Price Now: \$100.00				
Gain: +10.89%	Stop: \$20.54	Gain: +187.94%	Stop: \$80.00				
Notes: Goldcorp is Ca	anada's leading low cost	Notes: GSW Inc., a	leading manufacturer of				
	It recently merged with	water heaters, is cur	rently the subject of a				
Wheaton River.		takeover bid.					
Home Capital G	roup (HCG – TSX)	Kingsway Finar	ncial (KFS – TSX)				
# of Shares: 450	Bought: Aug. 9/04	# of Shares: 625	Bought: May 24/04				
Price Then: \$21.49	Price Now: \$35.00	Price Then: \$15.00	Price Now: \$21.95				
Gain: +62.87%	Stop: \$32.95	Gain: +46.33%	Stop: \$18.19				
	Group has been a stellar	Notes: Kingsway Financial is a leading supplier					
performer as a provide	r of alternative financing	of alternative insurance	e services. After a slump				
in mortgages and other	loans.	in early 2004, the stock is on the move again.					
МсСоу (N	ICB – TSX)	March Networks (MN – TSX)					
# of Shares: 1300	Bought: Nov. 7/05	# of Shares: 440	0				
Price Then: \$6.40	Price Now: \$6.03	Price Then: \$22.50	Price Now: \$22.50				
Gain: -5.78%	Stop: \$5.53	Gain: 0.00%	Stop: \$19.12				
	actures truck trailers for	Notes: March Networks provides networked					
	prest industry and other	video security services for ATMs, banks,					
applications.		transportation systems and more.					
SNC Lavalir	(SNC – TSX)	Trican Well Service (TCW – TSX)					
# of Shares: 170	Bought: Oct. 17/05	# of Shares: 335 Bought: Oct. 10					
Price Then: \$73.48	Price Now: \$74.25	Price Then: \$41.35	Price Now: \$46.15				
Gain: +1.05%	Stop: \$63.02	Gain: +11.47%	Stop: \$38.89				
	one of Canada's largest	Notes: Trican Well Service provides a variety of					
	s and also does a lot of	services to the oil patch including coiled tubing,					
business outside of the	country.	fracturing, etc.	-				